

Prairie Conference Championships Boys

Saint John's University May 18, 2016

TEAM SCORES Scored 10-8-6-4-2-1

| | | |
|---|-----------------------|-------|
| 1 | Osakis | 162.0 |
| 2 | Royalton | 99.0 |
| 3 | Upsala/Swanville | 90.0 |
| 4 | West Central Area | 82.0 |
| 5 | LongPrair-GryEgl-Brow | 51.0 |
| 6 | St John's Prep | 39.0 |

100 Meter Dash

| | | | |
|----|--|-------|----|
| 1 | Gage Larson, 11, Osakis | 11.64 | H3 |
| 2 | Cole Wentland, 10, Royalton | 11.78 | H3 |
| 3 | Michael Petron, 11, Royalton | 11.87 | H3 |
| 4 | Aaron Beyer, 12, West Central Area | 12.18 | H3 |
| 5 | Robert Sewell, 9, West Central Area | 12.22 | H2 |
| 6 | Louis Fulford, 11, Royalton | 12.30 | H2 |
| 7 | Philip Mathews, 10, Osakis | 12.39 | H3 |
| 8 | Tim Valencia-Louden, 12, Upsala/Swanville | 12.45 | H2 |
| 9 | Garett Karnes, 12, Upsala/Swanville | 12.47 | H3 |
| 10 | Matthew May, 11, LongPrair-GryEgl-Brow | 12.58 | H2 |
| 11 | Henry Smith III, 10, St John's Prep | 12.72 | H1 |
| 12 | Andrew Prokott, 10, Upsala/Swanville | 12.76 | H2 |
| 13 | Logan Wolf, 11, Osakis | 12.78 | H2 |
| 14 | Devin Schack, 11, West Central Area | 12.80 | H1 |
| 15 | Nick Salzl, 12, St John's Prep | 12.82 | H2 |
| 16 | Jack Mechels, 12, LongPrair-GryEgl-Brow | 13.02 | H1 |
| 17 | Henry Chen, 7, St John's Prep | 13.26 | H1 |
| 18 | Tyler Hendrickson, 10, LongPrair-GryEgl-Brow | 13.85 | H1 |

200 Meter Dash

| | | | |
|----|---|--------|----|
| 1 | Cole Wentland, 10, Royalton | 23.17 | H3 |
| | Meet record Was 23.2; Coty Massmann, Osakis, 2009 | | |
| 2 | Gage Larson, 11, Osakis | 23.34 | H3 |
| 3 | Louis Fulford, 11, Royalton | 24.32 | H3 |
| 4 | Ethan McCoy, 12, Upsala/Swanville | 24.37 | H3 |
| 5 | Philip Mathews, 10, Osakis | 24.54 | H3 |
| 6 | Colton Waldvogel, 10, Osakis | 24.67 | H2 |
| 7 | Robert Sewell, 9, West Central Area | 24.98 | H2 |
| 8 | Nic Abrham, 12, LongPrair-GryEgl-Brow | 25.42 | H2 |
| 9 | Aaron Beyer, 12, West Central Area | 25.46 | H2 |
| 10 | Henry Smith III, 10, St John's Prep | 25.643 | H2 |
| 11 | Andrew Prokott, 10, Upsala/Swanville | 25.644 | H3 |
| 12 | Andrew Wenner, 8, St John's Prep | 25.86 | H2 |
| 13 | Jack Mechels, 12, LongPrair-GryEgl-Brow | 26.16 | H1 |
| 14 | Solomon Sewell, 11, West Central Area | 27.02 | H1 |
| 15 | Coby Erickson, 11, Royalton | 27.44 | H2 |
| 16 | Riah Lee, 9, St John's Prep | 28.10 | H1 |
| | Christian Sutlief, 9, LongPrair-GryEgl-Brow | DNC | H1 |

400 Meter Dash

| | | | |
|---|---|-------|----|
| 1 | Gage Larson, 11, Osakis | 52.77 | H3 |
| 2 | Grant Backes, 12, Osakis | 52.87 | H3 |
| 3 | Ethan Eckel, 11, Osakis | 54.28 | H3 |
| 4 | Ethan McCoy, 12, Upsala/Swanville | 54.33 | H3 |
| 5 | Sam Mettler, 12, Upsala/Swanville | 54.63 | H3 |
| 6 | Andrew Wenner, 8, St John's Prep | 55.86 | H3 |
| 7 | Brock Green, 10, West Central Area | 59.14 | H2 |
| 8 | Cody Johnson, 10, LongPrair-GryEgl-Brow | 59.32 | H2 |
| 9 | Timothy Ruud, 9, West Central Area | 60.32 | H2 |

| | | |
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| 10 Matthew Laliberte, 12, Upsala/Swanville | 60.43 | H2 |
| 11 Thomas Pesta, 10, LongPrair-GryEgl-Brow | 61.43 | H2 |
| 12 Guadalupe Orozco, 10, LongPrair-GryEgl-Brow | 62.25 | H1 |
| 13 Dakota Wallen, 9, Royalton | 65.89 | H1 |
| 14 Caleb Smieja, 11, Royalton | 70.11 | H1 |
| 15 Ryan Latterell, 7, Royalton | 79.37 | H1 |
| Cullen Egge, 10, St John's Prep | DNC | H1 |
| Cormac Smith, 9, St John's Prep | DNC | H1 |

800 Meter Run

| | |
|---|----------|
| 1 Josh Connor, 12, LongPrair-GryEgl-Brow | 2:04.09 |
| 2 Grant Backes, 12, Osakis | 2:04.12 |
| 3 Ben Borash, 12, Royalton | 2:04.863 |
| 4 Lawrence Mettler, 10, Upsala/Swanville | 2:04.866 |
| 5 Ethan Olson, 11, West Central Area | 2:06.93 |
| 6 Sam Mettler, 12, Upsala/Swanville | 2:07.54 |
| 7 Phillip Wenner, 11, St John's Prep | 2:12.85 |
| 8 Noah Becker, 12, LongPrair-GryEgl-Brow | 2:14.97 |
| 9 Parker Gjestad, 10, LongPrair-GryEgl-Brow | 2:22.99 |
| 10 Kyle Schill, 7, West Central Area | 2:25.28 |
| 11 Nick Haeg, 12, St John's Prep | 2:25.78 |
| 12 Austin Clavin, 11, West Central Area | 2:27.23 |
| 13 Collin Prom, 8, Upsala/Swanville | 2:28.99 |
| 14 David Witucki, 9, Royalton | 2:33.42 |
| 15 Adam Petrich, 9, Osakis | 2:34.69 |
| 16 Jeremy Schultz, 9, Royalton | 2:35.94 |

1600 Meter Run

| | |
|--|---------|
| 1 Ben Borash, 12, Royalton | 4:34.31 |
| 2 Ryley Nelson, 11, West Central Area | 4:35.28 |
| 3 Lawrence Mettler, 10, Upsala/Swanville | 4:38.77 |
| 4 Matt Jaskin, 12, LongPrair-GryEgl-Brow | 4:39.24 |
| 5 Jordan Malikowski, 11, Royalton | 4:42.70 |
| 6 John Muhlenkamp, 9, Upsala/Swanville | 4:55.17 |
| 7 Christian Swenson, 12, West Central Area | 5:01.11 |
| 8 Jacob Bright, 8, West Central Area | 5:03.99 |
| 9 Austin Gohman, 10, LongPrair-GryEgl-Brow | 5:29.54 |
| 10 Cole Pfannestein, 11, St John's Prep | 6:04.86 |
| 11 Ben Jolkovsky, 10, St John's Prep | 6:06.95 |
| 12 Joel Kissela, 9, St John's Prep | 6:32.72 |
| Carson Yates, 7, Royalton | DNC |

3200 Meter Run

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|--|----------|
| 1 Ryley Nelson, 11, West Central Area | 10:11.93 |
| 2 Jordan Malikowski, 11, Royalton | 10:27.95 |
| 3 Christian Swenson, 12, West Central Area | 10:28.65 |
| 4 Jacob Bright, 8, West Central Area | 10:31.51 |
| 5 John Muhlenkamp, 9, Upsala/Swanville | 10:39.55 |
| 6 Will Alverson, 9, Osakis | 11:03.95 |
| 7 Christopher Borash, 8, Royalton | 11:14.27 |
| 8 Anthony Rozyki, 8, Royalton | 11:30.23 |
| 9 Jason Nystrom, 12, Osakis | 11:37.26 |
| 10 Daniel Thompson, 9, LongPrair-GryEgl-Brow | 12:46.38 |
| Andrew Moen, 10, St John's Prep | DQ |

110 Meter Hurdles

| | | |
|---|-------|----|
| 1 Jacob Jones, 11, Osakis | 16.94 | H2 |
| 2 Nate Shaper, 12, St John's Prep | 17.78 | H2 |
| 3 Cody Rahn, 11, Upsala/Swanville | 18.47 | H2 |
| 4 Shane Massmann, 10, Osakis | 19.22 | H2 |
| 5 Jakob Winningham, 12, West Central Area | 20.27 | H1 |
| 6 Zane Pahl, 12, Osakis | 20.35 | H2 |

| | | |
|--|-------|----|
| 7 Ian Langford, 8, LongPrair-GryEgl-Brow | 20.84 | H1 |
| 8 Jack Nelson, 11, West Central Area | 20.88 | H1 |
| 9 Marshall Meehl, 10, Royalton | 21.28 | H1 |
| 10 Jack VanKempen, 8, West Central Area | 24.55 | H1 |

300 Meter Hurdles

| | | |
|---|-------|----|
| 1 Jacob Jones, 11, Osakis | 43.42 | H2 |
| 2 Cody Rahn, 11, Upsala/Swanville | 44.71 | H2 |
| 3 Gabe Johnson, 12, St John's Prep | 45.14 | H2 |
| 4 Zane Pahl, 12, Osakis | 46.14 | H2 |
| 5 Shane Massmann, 10, Osakis | 46.83 | H2 |
| 6 Jakob Winningham, 12, West Central Area | 47.54 | H2 |
| 7 Rylee Peterson, 12, West Central Area | 47.85 | H2 |
| 8 Marshall Meehl, 10, Royalton | 49.44 | H2 |
| 9 Ian Langford, 8, LongPrair-GryEgl-Brow | 50.65 | H1 |
| 10 Jack Nelson, 11, West Central Area | 51.08 | H1 |
| 11 Jeffrey Larson, 12, Upsala/Swanville | 52.92 | H1 |
| 12 Christopher Borash, 8, Royalton | 54.73 | H1 |
| Dustin Martin, 10, LongPrair-GryEgl-Brow | DNC | H1 |

4x100 Meter Relay

| | |
|--------------------------|--------|
| 1 Royalton | 45.98 |
| 2 West Central Area | 47.14 |
| 3 Osakis | 47.88 |
| 4 LongPrair-GrayEgl-Brow | 48.233 |
| 5 Upsala/Swanville | 48.235 |
| 6 St John's Prep | 53.35 |

4x200 Meter Relay

| | |
|---------------------|---------|
| 1 Osakis | 1:39.98 |
| 2 Browerville | 1:41.04 |
| 3 Upsala/Swanville | 1:42.88 |
| 4 West Central Area | 1:43.09 |
| 5 Royalton | 1:44.45 |
| 6 St John's Prep | 1:50.03 |

4x400 Meter Relay

| | |
|--------------------------|---------|
| 1 Osakis | 3:37.36 |
| 2 LongPrair-GrayEgl-Brow | 3:44.83 |
| 3 Upsala/Swanville | 3:47.11 |
| 4 Royalton | 3:47.24 |
| 5 West Central Area | 3:51.26 |
| 6 St John's Prep | 3:57.94 |

4x800 Meter Relay

| | |
|--------------------------|----------|
| 1 Osakis | 9:09.89 |
| 2 St John's Prep | 9:12.23 |
| 3 LongPrair-GreyEgl-Brow | 9:28.88 |
| 4 West Central Area | 9:49.03 |
| 5 Royalton | 9:53.09 |
| 6 Upsala/Swanville | 10:10.35 |

Long Jump

Round 1, Flight 1

| | |
|--|-----------|
| 1 Nick Salzl, 12, St John's Prep | 17-8 1/4 |
| 2 Jake Dreschel, 11, West Central Area | 17-2 |
| 3 Dalton Butler, 10, LongPrair-GryEgl-Brow | 16-10 1/2 |
| 4 Jeffrey Larson, 12, Upsala/Swanville | 15-11 1/4 |
| 5 Riah Lee, 9, St John's Prep | 14-9 |
| 6 Dustin Martin, 10, LongPrair-GryEgl-Brow | 14-8 3/4 |
| 7 Kellen Pulliam, 9, LongPrair-GryEgl-Brow | 13-6 3/4 |
| 8 Dakota Wallen, 9, Royalton | 12-0 1/4 |

Round 1, Flight 2

| | |
|---|------------|
| 1 Cole Wentland, 10, Royalton | 19-2q |
| 2 Tim Valencia-Louden, 12, Upsala/Swanville | 18-11 1/2q |
| 3 Robert Sewell, 9, West Central Area | 18-10 1/2q |
| 4 Aaron Beyer, 12, West Central Area | 18-6 1/4q |
| 5 Jacob Jones, 11, Osakis | 18-2 1/4q |
| 6 Lawrence Mettler, 10, Upsala/Swanville | 18-2 1/4q |
| 7 Josh Peterka, 10, Osakis | 18-1 1/4q |
| 8 Louis Fulford, 11, Royalton | 17-9 3/4q |
| 9 Colton Waldvogel, 10, Osakis | 17-6 3/4 |

Final

| | |
|---|-----------|
| 1 Cole Wentland, 10, Royalton | 19-2 |
| 2 Tim Valencia-Louden, 12, Upsala/Swanville | 19-0 |
| 3 Josh Peterka, 10, Osakis | 18-11 3/4 |
| 4 Robert Sewell, 9, West Central Area | 18-10 1/2 |
| 5 Aaron Beyer, 12, West Central Area | 18-6 1/4 |
| 6 Lawrence Mettler, 10, Upsala/Swanville | 18-6 |
| 7 Jacob Jones, 11, Osakis | 18-5 |
| 8 Louis Fulford, 11, Royalton | 17-10 |

Triple Jump

Round 1, Flight 1

| | |
|--|----------|
| 1 Jarick Rieffer, 11, Upsala/Swanville | 36-0q |
| 2 Logan Wolf, 11, Osakis | 34-2 |
| 3 Andrew Moen, 10, St John's Prep | 33-6 |
| 4 Daniel Petters, 12, St John's Prep | 32-11 |
| 5 Marshall Meehl, 10, Royalton | 32-5 1/2 |
| 6 Dustin Martin, 10, LongPrair-GryEgl-Brow | 32-5 1/2 |
| 7 Chris Onstad, 10, West Central Area | 32-2 1/2 |
| 8 Ryan Latterell, 7, Royalton | 26-4 |

Round 1, Flight 2

| | |
|--|-----------|
| 1 Gabe Johnson, 12, St John's Prep | 40-2q |
| 2 Devin Schack, 11, West Central Area | 38-7 1/2q |
| 3 Sam Mettler, 12, Upsala/Swanville | 37-0q |
| 4 Ethan Chalmers, 11, Osakis | 37-0q |
| 5 Keegan Cavaello, 10, LongPrair-GryEgl-Brow | 37-0q |
| 6 Jacob Backes, 9, Osakis | 37-0q |
| 7 Jordan Gorder, 10, LongPrair-GryEgl-Brow | 36-2q |
| 8 Brady Sabolik, 10, West Central Area | 34-2 1/2 |
| 9 Cody Rahn, 11, Upsala/Swanville | 33-7 1/2 |

Final

| | |
|--|-----------|
| 1 Gabe Johnson, 12, St John's Prep | 40-2 |
| 2 Devin Schack, 11, West Central Area | 38-7 1/2 |
| 3 Sam Mettler, 12, Upsala/Swanville | 38-5 |
| 4 Keegan Cavaello, 10, LongPrair-GryEgl-Brow | 37-10 1/2 |
| 5 Jordan Gorder, 10, LongPrair-GryEgl-Brow | 37-5 |
| 6 Ethan Chalmers, 11, Osakis | 37-1 |
| 7 Jacob Backes, 9, Osakis | 37-0 |
| 8 Jarick Rieffer, 11, Upsala/Swanville | 36-0 |

Shot Put

Round 1, Flight 1

| | |
|--------------------------------------|----------|
| 1 Jeremiah Nicholas, 11, Royalton | 35-6q |
| 2 Phillip Wenner, 11, St John's Prep | 31-0 |
| 3 Justin Terhaar, 12, St John's Prep | 30-6 |
| 4 Sam Rogers, 12, St John's Prep | 29-5 |
| 5 Bret Duncan, 8, West Central Area | 26-7 |
| 6 Alex Butcher, 9, West Central Area | 26-6 |
| 7 Wyatt Olson, 9, West Central Area | 23-9 |
| 8 Johnny Gill, 12, Upsala/Swanville | 21-9 1/4 |

Round 1, Flight 2

| | |
|-----------------------------|-------|
| 1 Ethan Goodwin, 11, Osakis | 43-6q |
|-----------------------------|-------|

| | |
|---|-----------|
| 2 Grant Backes, 12, Osakis | 39-8q |
| 3 Isaac Guthrie, 11, Upsala/Swanville | 39-5q |
| 4 Devin Lange, 10, LongPrair-GryEgl-Brow | 37-6 1/2q |
| 5 Tanner Weaver, 11, Royalton | 36-8 1/4q |
| 6 Dalton Loudon, 10, Upsala/Swanville | 35-8 1/2q |
| 7 Damian Lange, 12, LongPrair-GryEgl-Brow | 35-5 1/2q |
| 8 Riley Smieja, 10, Royalton | 35-1 |
| 9 Brady Roos, 11, Osakis | 34-9 1/2 |

Final

| | |
|---|----------|
| 1 Ethan Goodwin, 11, Osakis | 43-6 |
| 2 Grant Backes, 12, Osakis | 39-8 |
| 3 Isaac Guthrie, 11, Upsala/Swanville | 39-5 |
| 4 Devin Lange, 10, LongPrair-GryEgl-Brow | 37-6 1/2 |
| 5 Tanner Weaver, 11, Royalton | 36-8 1/4 |
| 6 Dalton Loudon, 10, Upsala/Swanville | 36-7 1/2 |
| 7 Damian Lange, 12, LongPrair-GryEgl-Brow | 35-6 1/2 |
| 8 Jeremiah Nicholas, 11, Royalton | 35-6 |

Discus Throw

Round 1, Flight 1

| | |
|---|--------|
| 1 Damian Lange, 12, LongPrair-GryEgl-Brow | 101-1q |
| 2 Ryan Olson, 12, Osakis | 96-1q |
| 3 Sam Rogers, 12, St John's Prep | 94-11 |
| 4 Justin Terhaar, 12, St John's Prep | 86-2 |
| 5 Phillip Wenner, 11, St John's Prep | 81-0 |
| 6 Bret Duncan, 8, West Central Area | 70-4 |

Round 1, Flight 2

| | |
|---|---------|
| 1 Isaac Guthrie, 11, Upsala/Swanville | 123-9q |
| 2 Tanner Weaver, 11, Royalton | 112-11q |
| 3 Dalton Loudon, 10, Upsala/Swanville | 110-9q |
| 4 Riley Smieja, 10, Royalton | 109-7q |
| 5 Brady Roos, 11, Osakis | 106-9q |
| 6 Matthew Koetter, 11, Upsala/Swanville | 102-1q |
| 7 Dakota Wallen, 9, Royalton | 86-9 |

Final

| | |
|---|--------|
| 1 Isaac Guthrie, 11, Upsala/Swanville | 123-9 |
| 2 Brady Roos, 11, Osakis | 114-5 |
| 3 Tanner Weaver, 11, Royalton | 112-11 |
| 4 Dalton Loudon, 10, Upsala/Swanville | 110-9 |
| 5 Riley Smieja, 10, Royalton | 109-7 |
| 6 Damian Lange, 12, LongPrair-GryEgl-Brow | 106-5 |
| 7 Matthew Koetter, 11, Upsala/Swanville | 102-1 |
| 8 Ryan Olson, 12, Osakis | 96-1 |

High Jump

| | |
|--|------|
| 1 Rylee Peterson, 12, West Central Area | 5-10 |
| 2 Josh Peterka, 10, Osakis | 5-10 |
| 3 Gabe Johnson, 12, St John's Prep | 5-8 |
| 4 Ben Borash, 12, Royalton | 5-8 |
| 5 Jarick Rieffer, 11, Upsala/Swanville | 5-4 |
| 6 Tyler Onstad, 11, West Central Area | 5-4 |
| 6 Isaiah Westby, 11, West Central Area | 5-4 |
| 8 Jacob Backes, 9, Osakis | 5-4 |
| 8 Nate Shaper, 12, St John's Prep | 5-4 |
| 10 Zane Pahl, 12, Osakis | 5-2 |
| 11 Nic Abrham, 12, LongPrair-GryEgl-Brow | 5-2 |
| 12 David Wimer, 11, Royalton | 5-2 |
| 13 Tim Valencia-Louden, 12, Upsala/Swanville | 5-0 |
| 13 Cody Johnson, 10, LongPrair-GryEgl-Brow | 5-0 |
| Austin Gohman, 10, LongPrair-GryEgl-Brow | NH |